



The following information is for ***VOLUNTEER APPLICANTS ONLY!!!*** This does not apply to part-time or full-time applicants. Please be sure to read this information carefully and keep it close at hand throughout the application process.

Dear Volunteer Applicant,

Thank you for applying with Pittsboro Volunteer Fire Rescue Department for the position of Volunteer Firefighter.

We would like to ensure that the responsibility of a firefighter is completely understood because it is not something to enter into lightly. Listed below are the criteria for membership, as well as a step-by-step explanation to assist you as you go through the application and training process. If at any time you have questions, please call us at 542-4101

Criteria for Membership

Applicants **must meet** the following criteria in order to be considered for membership with the Pittsboro Volunteer Fire Rescue Department

- NC Fire Fighter physical (Physical form provided by Fire Department)
- Must be at least 18 years of age
- Must be a U.S. citizen or be eligible to work in the United States
- Must be a high school graduate (or equivalent)
- Must live inside the Pittsboro Volunteer Fire Rescue Department district

Must possess a valid North Carolina driver's license.

Each applicant must supply Pittsboro Fire-Rescue with a certified copy of their driving history covering the past seven (7) years.

As a condition of consideration for membership, each applicant must supply Pittsboro Fire-Rescue with a certified copy of their criminal history covering the past seven (7) years.

Must not have pled guilty to, entered a plea of no contest, or have been convicted of any misdemeanor within the past three years

Must **never** have pled guilty to, entered a plea of no contest, or have been convicted of any felony, **regardless of time span**

Must not have had a suspension or revocation of driving privileges or have accumulated more than eight points within the preceding three years

The Application Process

1. Submit the following items to: Pittsboro Volunteer Fire Rescue Department
(note: all items must be submitted in order to be considered for membership):
 - _____ *Meet all items listed under Criteria for Membership(page 1)*
 - _____ *Completed release form (included in this packet) (page 5)*
 - _____ *Pittsboro Volunteer Fire Rescue Department Application (page 7)*
 - _____ *NC Firefighter Physical (pages 13-21)*
 - _____ *A copy of driver's license and social security card (for citizenship verification)*
 - _____ **A copy of high school diploma or G.E.D. Authenticity of the documents will be verified with the institution.**
2. Upon receipt of the application and supporting documentation, the applicant's name will be placed on our pending applicant list. Applicants will be contacted in order of application date when a vacancy becomes available.
3. A job-related physical agility assessment will be scheduled periodically for all applicants who have completed their required activities. A copy of our current agility assessment is attached. With approval from their personal physician, applicants are encouraged to begin conditioning to prepare for this assessment, so that they can successfully complete it when the time comes.
4. If the applicant successfully completes the physical agility, the Fire Chief will review the applicant's information for consideration of probationary membership.
5. **NO NEW VOLUNTEER MEMBER WILL NOT ENTER INTO A LIVE STRUCTURE FIRE OR RESPOND TO AUTOMATIC AID OR MUTUAL AID WITH ANY OTHER FIRE DEPARTMENT UNTIL THEY HAVE COMPLETED NFPA 1403 CLASSES. (1403 Classes Listed on Page 10-Introduction to Training)**
6. If the Fire Chief approves the applicant, he/she will receive a "conditional offer" of a volunteer position, contingent upon a satisfactory background and driving history, a medical physical, and any other pending items.

Once accepted, there will be many hours of training that are required, especially during the first two years of membership. Listed below are the minimum training requirements for new members:

Training Standards

Initial Training Hours/Criteria

Orientation I/II:

Orientation #1: Fire Department Organization

Orientation #2: Blood borne Pathogens Awareness / Hazardous Materials Awareness

(Approximately 5 hours, to be completed the first 6 months.

Annual OSHA-required con-ed as needed.

Incident Command (ICS 100, 200, 700, 800) As soon as possible after becoming a member, not to exceed one year.

Minimum Training Standards for Active Personnel Hours/Criteria

Hazardous Materials Operations Plus 40 hours, to be completed within 1 year of membership;
12 hours con-ed annually.

Vehicle Extrication

16 hours of in-house training within the first year of membership

Firefighter I/II 336 hours, to be completed within 3 years of membership

Strongly Encouraged Courses:

Firefighter Safety and Survival

Firefighter Rescue Skills

Requirements for Active Membership

In order to remain in active status, members must consistently meet the monthly criteria for active membership. Those requirements are:

Attend 6 hours of training per month

Respond to 5 calls per month

Member is expected to respond to a **MINIMUM of 15 calls per year.**

Attendance at regular/semi-monthly meetings, drills and other fire department activities.

All members are required to have 36 hours of training each year (Jan 1 to Dec 31)

Probationary period.

All new members will be on probation for a period of six months to one year, at discretion of Fire Chief. During this time probationary period the firefighter will be dismissed at any time for violating department rules.

Upon completion of the probationary period the Fire Chief may elect to:
Instate the new member or Dismissal of probationary member.

Benefits to members:

Member of NCSFA

NC Fireman's/Rescue workers pension fund (After 1 year of service)

VFIS life insurance policy

Being a volunteer firefighter can be a rewarding, as well as a time consuming responsibility. It involves a lot of training and a lot of time away from home. It's something that each applicant should give a lot of thought to, before making the decision to become a volunteer. We suggest that you discuss the possibility thoroughly with the significant people in your life and weigh all of your other personal and professional obligations before making a decision to become a member. If, after careful consideration, you are still committed to becoming a volunteer, we welcome and encourage you in this endeavor.

Pittsboro Volunteer Fire Rescue Department

RELEASE FOR VOLUNTEER APPLICANTS

I, _____, hereby certify that I, freely and voluntarily, relieve the Pittsboro Volunteer Fire Rescue Department and/or its affiliates of any liability claims, demands or suits that may be filed or brought against the Pittsboro Volunteer Fire Rescue Department by me or anyone representing me, as a result of my activities as an applicant. This to include, but not limited to, riding in a Pittsboro Volunteer Fire Rescue Department vehicle or, while on the premises of Pittsboro Volunteer Fire Rescue Departments, or while engaged in any activity or while engaged in any activity when accompanying any Pittsboro Volunteer Fire Rescue Department affiliate.
During this time, I am not entitled to any benefits, including life insurance policies which are offered to a full volunteer member.

Also, I understand that I will be subject to a **criminal background and driving record** check and willingly give permission to have this done as part of my application process. The following information is necessary for identification purposes for the background check only:

SSN: _____ DOB (excluding year) _____

Furthermore, I understand that my activities are limited to those deemed appropriate. Prohibited activities include but are not limited to:

Patient Care, Firefighting, Vehicle Extrication, Water Rescue, Confined Space Rescue, Driving/Operating Fire Department apparatus.

I exonerate Pittsboro Volunteer Fire Rescue Department, and all other fire personnel from any blame, for any incident or injury, physical or otherwise, received while engaged in activities as an applicant.

I declare and represent that no promise or agreement not herein expressed has been made to me, and that this release contains the entire agreement between the parties hereto, and that the terms of this release are contractual, and not a mere recital.

Name

Date

Pittsboro Volunteer Fire Rescue Department

Physical Agility Assessment Guidelines

The physical agility assessment is the next component in the process for membership Approval.

Purpose:

To confirm the applicant's ability to perform various physical requirements of a Firefighter.

To determine that the applicant does not possess a fear of heights or closed spaces

To evaluate the ability of the applicant to perform the basic functions of the job

Health and Safety Issues:

Applicants are encouraged to discuss the entire agility assessment with their personal physician, in order to consider any physical limitations which might prevent successful completion or lead to possible injury.

Applicants should wear loose fitting, old clothes such as gym shorts and t-shirts to the agility. Certain portions of the agility will require full firefighter turnout clothing, which will be provided for all applicants.

Designated personnel will be assigned to take your pulse and blood pressure at established intervals

If any officer feels that it would be detrimental to your health to continue the assessment, he/she may require that you to stop the test immediately.

All applicants must sign a Waiver of Claim for Injury form prior to participating in the agility assessment.

**PITTSBORO VOLUNTEER FIRE/RESCUE DEPARTMENT
APPLICATION FOR VOLUNTEER FIREFIGHTER**

Name: _____ DATE OF BIRTH _____

S.S.# _____ N.C. Driver's Lic.# _____

Current Address: _____

Previous Address: _____ Home Phone _____

Present Employer _____ Phone: _____

Address: _____

Type of Work: _____

Person to notify in case of emergency. _____

Address _____ Phone: _____

Have you ever been convicted of a felony? _____

If yes, explain in full _____

Have you been convicted of a traffic violation in the last seven (7) years? _____ If **yes**, explain in full: _____

List Fire Departments that you have been affiliated with in the past/present, also include phone number and contact person.

1. _____

2. _____

3. _____

What is your present level of EMS certification? _____

List two (2) **character** references:

Name: _____ Phone: _____

Name: _____ Phone: _____

I give my consent for drug and alcohol testing if requested

Signature of Applicant: _____ Date: _____

I hereby certify that the information that I have supplied is accurate and true to the best of my knowledge. I understand that a driving and criminal background check may be completed by Pittsboro Volunteer Fire/Rescue Department.

Signature of Applicant: _____ Date: _____

Pittsboro Fire-Rescue

Volunteer Applicant Agility Test 2010

The following is the physical agility test for Pittsboro Fire-Rescue. All events must be completed in the stated order and wearing workout clothing and appropriate footwear.

- **Water will be available to candidates between events.**
- **Deviation from instructions will result in failure for the event.**

Event 1- Ladder Rack

Time _____

Lift a 24-foot aluminum extension ladder by the rungs off the brackets on the Truck, remove and place on the ground then place back on the brackets. Release grip to show ladder is secure on the rack. Repeat event for a total of two times.

Note: You are not allowed to rest one end of a ladder on the ground while the other end of the ladder is being placed on the hooks. (To assist with balance, marks will be painted on the ladder to center of ladder)
Disqualifier: Ladder must be removed in a controlled manner, not dropped. Hands must be kept on the rungs or beams at all times. Inability to complete event.

Event 2- Hose Carry

Time _____

Pick up the hose bundle (50 feet 2 ½ inch hose bundle, with nozzle) off the ground and place it on your shoulder. Carry the hose from point A to point B and return to point A (200 Feet total) and place hose on the ground.
Disqualifier: Dropping the hose bundle. Inability to complete event.

Event 3- Electric Fan

Time _____

Lift the electric fan (weight 50 lbs.) and place on simulated 7 feet door-frame, release grip showing fan is secure, then return fan to starting position on the ground.
Disqualifier: Dropping the fan. Inability to complete the event

Event 4- Ladder Raise

Time _____

Raise a 24-foot straight ladder from the ground to the building and back down. Repeat event for a total of two times. Member must keep their hands on the rungs or beams when raising. Rungs may be skipped if desired. However, at the end of each raise, member must still touch the end rung of the ladder. Member shall maintain control at all times.

Disqualifier: Dropping the ladder. Inability to complete the event.

Event 5- Body Drag

Time _____

Candidate must move a 175lb dummy 75', candidate may pick the dummy up or drag the dummy. Time stops when both candidates feet cross the finish line

Disqualifier: Inability to complete the event.

Event 6- Foam Bucket Carry

Time _____

Candidate will carry two buckets a distance of 100 feet from the starting point. Once reaching this line the candidate will return the buckets to the starting point without dropping the buckets.

Gloves are optional for this event.

Disqualifier: Dropping the buckets. Inability to complete the event.

Event 7- Charged Hose Line Drag

Time _____

Starting at the front bumper of the truck the candidate must walk behind the truck, pick up a charged 1¾ hose and drag it to a predetermined mark in front of the truck. Once the Candidate has reached the mark they must knock a target off a stand with a hose stream. When the target hits the ground Candidates must then lay the nozzle on the ground

Disqualifier: Dropping or throwing the nozzle down. Inability to complete the event.

Preceptor _____

Total Time _____

Introduction to Training

The Pittsboro Fire Department is a combination of volunteer's and paid personnel, together we form a team that protects the lives and property of the Circle City Fire District and Town of Pittsboro and assist other surrounding departments with providing the same service.

As a volunteer you may encounter stressful situations that will require you to be able to make good decisions that could potentially save the life of a citizen, you or one of the department members.

With that being said, we would like to inform you now of some of the minimum requirements that you **must** have to be able to perform certain tasks on an emergency scene.

The NFPA (National Fire Protection Association) states that as paid fire fighter or a volunteer fire fighter certain requirements must be met to be able to perform those certain tasks.

It is not easy being a volunteer, it takes hard work, dedication, and time devoted to the department to be effective on an emergency scene. How far you are willing to go will determine what you get out of being a volunteer.

The NFPA states that prior to an individual being permitted to enter a live fire situation, whether it be training or on an emergency scene must meet the requirements of NFPA standard 1403.

The Classes that that make up the 1403 standard include the following.

- Safety
- Ladders
- Overhaul
- Ventilation
- Fire Behavior
- Forcible Entry
- Water Supplies
- Portable Extinguishers
- Personal Protective Equipment
- Fire Hose, Appliances, & Streams

The Pittsboro Fire Department **will not** permit any member of the department to enter a structure fire until those classes have been successfully taken and passed.

This is not saying that you cannot respond to a reported structure fire, it simply means that you **will not** perform a fire attack until you have passed the classes listed above and have demonstrated to a Chief officer the skills you have learned. At this time it will be up to the Chief or assistant Chief to determine if you will be permitted to enter a structure fire.

The Same rule will apply to responding auto-aid with a surrounding department. If you do not have your 1403 you **will not** be permitted to respond.

Responding to an MVC

Unless you have taken the haz-mat awareness class you **will not** be permitted to respond to the report or an MVC. If you have taken the class and plan to assist with patient care you **must** have a Hepatitis B vaccine. The Department will pay for the vaccine, but it is your responsibility to schedule an appointment. If you do not want the vaccine, you may choose to sign the Declination of Hepatitis B Vaccine form.

First Responder Calls

Unless you are a NC certified medical responder you **will not** respond to first responder calls.

Wood and Grass fires

Upon arrival, report to command and wait for an assignment.

You have been given a department rules and regulations book, as well as a department SOG book. It is **your** responsibility to read and understand them. If you have questions about them feel free to ask an officer of the department to clear up any questions that you might have.

Well, what can I do?

There is always plenty to do until you are qualified to perform some of the tasks listed above. Whether it is on a fire scene or on a wreck scene many different duties have to take place for it to be successful.

As a new member one of the most important things that you can do is learn where equipment is located on the trucks. That is very helpful to other department members who are performing designated tasks and are in need of a certain tool or piece of equipment.

Another important task is performing traffic control on the scene of an MVC, (that is if you have your haz-mat awareness). The first two trucks on the scene have specific roles as well as the crew. It is very important to establish traffic control for the safety of the department members and for the safety of the people involved.

Salvage and overhaul operations are also another task that can be performed with the guidance of a senior fire fighter. Once the fire has been extinguished, you may be able to assist with overhaul operations. There is a **lot** that can be learned while performing this task.

So what can I do to speed up the process?

In all honesty it just takes time, just as a child learning to crawl before they walk. We know all too well that you are excited and eager to get right to it, however there is much

more than just getting on the fire truck and responding to a call. Safety is the most important thing in the fire service and our goal is to have everybody go home to their families after responding to a call.

How do I become qualified?

Well there are a lot of classes offered through CCCC that work in conjunction with county fire departments. Most of these classes are held at a fire department and are free of charge if you are an active volunteer. That's right free education, and the majority of the classes are held in the evenings so that it does not interfere with your daily job.

There are also many weekend seminars that are held across the state if you are willing to travel. At just about any given time you can come by the fire department and find brochures that have been mailed to the department with information regarding these classes. Most of the classes offered are level 1 & 2 classes along with driver operator, Rescue Tech, and many other miscellaneous classes.

As mentioned above the best thing that you can do when you have some spare time is to come by the department and learn where equipment is on the trucks. Once you learn where the equipment is located, we can then teach you when, where, and how to use that equipment. There is always somebody there who will be more than happy to take the time to help you learn. The sooner we can get you up to speed, the sooner you can become more involved on the fire ground.

There are many basic tasks that are performed on the fire ground that you can learn right at the department. Some of those tasks include:

- Hose deployment
- Rolling Hose
- How to reload the hose on the trucks
- Connecting hose and appliances
- Ladder placements
- Using ropes correctly
- Connecting to a water source, (fire hydrant)
- What equipment you have on the trucks and what it is used for
- How to assist the interior crew with their job, and a lot more!

Once we see that you are putting forth the effort to learn some of the basic but very important skills, we will start getting you ready to learn how to operate the trucks.

Please take the time to come by and hang out with the paid staff. Each individual will have something different to offer to you. We are very proud to have you and look forward to working with you!

If you have any questions about anything please don't hesitate to ask.

Every individual at the department started out just like you are, and completely understand how overwhelming learning the ropes can be.

Sincerely,

***Daryl Griffin
Fire Chief
Pittsboro Volunteer Fire Rescue Department***

Appendix A
NORTH CAROLINA DEPARTMENT OF INSURANCE
NORTH CAROLINA FIRE AND RESCUE COMMISSION

ESSENTIAL FIRE AND RESCUE FUNCTIONS

The following is a description of the typical duties and tasks a fire or rescue candidate may be expected to perform while completing the job performance requirements of the Authority Having Jurisdiction. These duties and tasks are applicable to full-time or part-time employees and paid or unpaid volunteers.

The purpose of this document is to give the examining physician some guidance in answering the question if an individual is fit to perform the duties of a fire fighter or rescue squad personnel.

Obviously, depending on the local jurisdiction, the job performance requirements will vary, and this document is only meant to be a guide for the examining physician.

The statements of tasks to be performed were summarized from the Job Performance Requirements of the 1992 Edition, NFPA 1001, Standard for Fire Fighter Professional Qualifications and the Medical Requirements For Fire Fighters, 1992 Edition, NFPA 1582.

DESCRIPTION OF JOB TASKS:

- The fire fighter or rescue candidate or employee should be capable of operating both as a member of a team and independently at incidents of uncertain duration.
- The fire fighter or rescue candidate or employee should be capable of spending extensive time outside exposed to the elements.
- The fire fighter or rescue candidate or employee should be capable of operating in an enclosed space with little room for maneuvering and limited to void sight conditions.
- The fire fighter or rescue candidate or employee should be capable of performing strenuous duties while wearing full protective clothing weighing approximately 50 pounds.

The Fire Fighter Candidate or employee should be capable of performing the following tasks while wearing full protective clothing in a hostile environment:

- dragging charged or uncharged hose lines of approximately 150' length and weighing 150 pounds
- carrying ladders of approximately 100 pounds
- carrying and using portable fire extinguishers of approximately 40 pounds
- swinging an ax of approximately 5-7 pounds to cut holes in areas such as roofs or floors
- ascend a ladder of varying lengths while in full protective clothing and advancing hose lines and/or equipment of approximately 50 pounds
- demonstrate communication skills on the emergency scene as well as in formal settings
- perform rescue functions at accidents, emergencies and disasters to include directing traffic for long periods of time, administering emergency medical aid, lifting, dragging and carrying people away from dangerous situations and evacuating people from particular areas
- read and comprehend documents, placards and labels with accuracy

The Rescue Candidate or employee should be capable of performing the following tasks while wearing full protective clothing in a hostile environment:

- operate both as a member of a team and independently at incidents of uncertain duration in water and wilderness environments
- spend extensive time outside exposed to the elements
- work in wet, icy, or muddy areas
- face exposure to infectious agents such as Hepatitis B or HIV
- wear personal protective equipment weighing approximately 50 pounds
- be capable of lifting or assisting in the moving of patients weighing approximately 100 pounds
- be capable of ascending and descending ladders used by the authority having jurisdiction while carrying equipment or persons
- be capable of ascending or descending ropes used for life safety
- be capable of assisting with the extrication of victims from vehicles or confined spaces
- read and comprehend documents, placards and labels with accuracy

Although the previously listed tasks are broken down into fire and rescue functions, many of these tasks could be applicable to both when the authority having jurisdiction performs both functions.

Appendix B

Pittsboro Fire-Rescue Department Inc.

**PO Box 573 - 150 Sanford Road
Pittsboro, NC 27312**

MEDICAL HISTORY REPORT

This Information Is For Official Use Only And Will Not
Be Released To Unauthorized Persons

Instructions:

To be completed by applicant for a certifiable position prior to the examination and presented to the examining physician at the time of examination. All questions must be answered completely and accurately. The original or a copy must be retained in personnel file by the appointing agency.

Date: _____

Name: _____ Date of Birth _____
Last First Middle

Address: _____

City: _____ State: _____ Zip Code: _____

Telephone: () _____ SS# _____ - _____ - _____

Current Medications

Prescription Medications: (include pain relievers, birth control pills, etc.) _____

Over the Counter Medications: (include all cold allergy, headache, vitamins, etc.) _____

Allergies

Drug Allergies: (include your reaction to the medication) _____

All Other Allergies: food, insects, seasons, animals, materials, etc., (include reaction) _____

Family History

NORTH CAROLINA FIRE AND RESCUE COMMISSION OCCUPATIONAL SAFETY & HEALTH STANDARD

Have any of your parents, brothers or sisters suffered from: (check all that apply)

_____Diabetes

_____Heart Problems

_____High Blood Pressure

_____Arthritis

_____Neurologic or psychological problems (Seizures, depression, schizophrenia, etc.)

Past Medical History

List ALL hospitalizations and operations since childhood:

(include type of surgery, date of surgery, any complications or other significant information)

Have you EVER in your life, had any of the following types of medical problems:

(Check all that apply to you)

- _____ 1. Cancer: any type of cancer including skin cancer, breast cancer and leukemia
- _____ 2. Major Infectious Disease: such as tuberculosis, hepatitis, HIV/AIDS, rheumatic fever
- _____ 3. Neurological Problems: such as seizure disorder, stroke, concussion, severe headache, skull fracture, recurrent vertigo, balance problems, encephalitis, meningitis, tremors, multiple sclerosis, Huntington's chorea, peripheral neuropathy
- _____ 4. Psychological Problems: such as depression, manic episodes, psychotic episodes, post traumatic stress disorder
- _____ 5. Eye Problems: such as eye injury, color blindness, poor night vision (night blindness), glaucoma, blindness in one or both eyes, very poor vision when not corrected
- _____ 6. Ear Problems: such as ear injury, chronic ringing (tinnitus), chronic or long lasting ear infection, Meniere's disease, moderate to severe hearing loss in one or both ears
- _____ 7. Nose problems: such as nose injury, allergies, nasal bleeding, loss of sense of smell, chronic or long lasting infections
- _____ 8. Mouth or Throat Problems: such as injury, major dental work, any kind of speech defect, chronic or long lasting infections, abnormality of nose, mouth or throat that would interfere with wearing a respirator
- _____ 9. Lung Problems: such as asthma, emphysema, chronic or recurrent bronchitis, pneumonia, tuberculosis or lung abscess
- _____ 10. Heart and Circulation Problems: such as a heart murmur, heart disease, Raynaud's disease
- _____ 11. Digestive System Problems: such as any kind of ulcer disease, hepatitis or liver disorders, any kind of colitis, Chron's disease, ulcerative colitis, irritable bowel syndrome, esophageal disorders, pancreatitis, gallstones, stomach or intestinal bleeding
- _____ 12. Hormone or Endocrine Problems: such as diabetes, thyroid disease, parathyroid or adrenal problems

NORTH CAROLINA FIRE AND RESCUE COMMISSION OCCUPATIONAL SAFETY & HEALTH STANDARD

- _____ 13. Urinary Tract Problems: such as kidney stones, pyelonephritis (kidney infection), nephrosis, single functioning kidney, polycystic kidney disease, repeated bladder infections
- _____ 14. Hernia: such as inguinal, umbilical, ventral, femoral, hiatal or incisional hernias
- _____ 15. Muscle, Bone and Joint Problems: such as chronic back or neck pain, fibromyalgia, back or neck disk disease, osteomyelitis (bone infection), muscular dystrophy, arthritis, spinal curvature, loss of finger or toe
- _____ 16. Blood System Problems: such as anemia, hemophilia or bleeding disorder, white blood cell abnormality

Males Only:

- _____ 17. Prostrate problems such as an enlargement or prostatitis
- _____ 18. Genital problems such as epididymitis or testicular injury

Females Only:

- _____ 19. Currently pregnant
- _____ 20. History of endometriosis, pelvic inflammatory disease, abnormal Pap Smear, PMS or other problem with your menstrual cycle

Immunizations

- _____ 21. Have you ever had a positive TB test?
- _____ 22. Have you ever received Hepatitis B vaccinations?
- _____ 23. When did you receive your last tetanus (lockjaw) immunization?

Occupational History

Have you ever been exposed to any of the following, whether at home, work, military or any other setting:
(check any that apply)

- _____ 24. Repetitive Loud Noises (including guns, jet engines, loud machinery)?
- _____ 25. Chemical exposure to skin or lungs?
- _____ 26. Dusty conditions (sandblasting, grinding, mining or drilling of rock, coal, silica, asbestos)?

Check all YES answers

- _____ 27. Have you ever sustained an injury while at work that necessitated extended care by a health care provider?
- _____ 28. Have you ever had a motor vehicle accident causing back or neck pain?
- _____ 29. Are you limited or unable to perform any physical activity because of muscle or joint discomfort?
- _____ 30. Do you have any missing limbs or non-functioning joints?
- _____ 31. Have you ever been advised by a physician to avoid lifting above a certain weight limit?
- _____ 32. Have you ever been advised by a physician to avoid sitting or standing over a certain time?
- _____ 33. Have you ever worked in fire or rescue service?
- _____ 33a. If yes, have you ever missed more than three consecutive days of work for any medical or psychological problem?
- _____ 34. Have you ever served in any of the armed forces?
- _____ 34a. If yes, have you ever missed more than three consecutive days of work for any medical or psychological problem?
- _____ 35. Have you ever passed out, temporarily lost control of any part of your body, or had blackout spells (episodes that you cannot remember)?

You may use any additional sheets of paper, include name, SS#, sign and date on any additional papers.

Penalty:

Any falsification, withholding or failure to answer all questions completely and accurately may disqualify you from receiving or retaining employment or certification as a firefighter or rescue technician.

Certification:

I hereby certify that there are no willful misrepresentations, omissions or falsifications in the foregoing statements and answers to questions and that all statements and answers are true to the best of my knowledge and belief.

Signature of Applicant (ink)

Date Signed

Physician Review:

Signature of Physician (ink)

Date Signed

Print Name and Address of Physician Completing Review

Appendix C

**Pittsboro Fire-Rescue Department, Inc
PO Box 573 - 150 Sanford Road
Pittsboro, NC 27312**

MEDICAL EXAMINATION REPORT

This Information Is For Official Use Only And Will Not
Be Released To Unauthorized Persons

Instructions:

To be completed by applicant for a certifiable position prior to the physical examination and presented to the examining physician at the time of examination. All questions must be answered completely and accurately. The original or a copy must be retained in personnel file by the appointing agency.

Date: _____

Name: _____ Date of Birth _____
Last First Middle

Height: _____ Weight: _____ Well Nourished
_____ Obese
_____ Muscular

Vision

Visual Activity: If applicant wears glasses or contacts, test and record acuity with and without glasses

Without glasses: R - 20 / _____ L - 20 / _____ Both - 20 / _____
With glasses R - 20 / _____ L - 20 / _____ Both - 20 / _____

Depth Perception: _____ Normal _____ Abnormal: _____

Color Perception: _____ Normal _____ Abnormal: _____

Peripheral Vision: _____ Normal _____ Abnormal: _____

Hearing

Hearing Acuity: _____ Audiogram _____ 15' whispered conversation (check one)

Right ear : _____ Normal _____ Abnormal: _____

Left ear: _____ Normal _____ Abnormal: _____

(Continued on reverse side)

Cardiovascular

NORTH CAROLINA FIRE AND RESCUE COMMISSION OCCUPATIONAL SAFETY & HEALTH STANDARD

Blood Pressure: _____ Resting Pulse: _____

Cardiac Examination: _____ Normal _____ Abnormal: _____

Peripheral Circulation: _____ Normal _____ Abnormal: _____

ECG: _____ Indicated by hx or exam: _____

Normal

Abnormal Details

_____ Heart: _____

_____ Lungs: _____

_____ Abdomen: _____

_____ Musculoskeletal: _____

_____ Genitourinary: _____

_____ Neurological: _____

_____ Skin: _____

Urinalysis _____ Normal _____ Abnormal: _____

TB Skin Test _____ Negative _____ Positive

Are there any conditions, physical, emotional, or mental which, in your opinion, suggest further examination?

_____ No _____ Yes: _____

Do you have any reservations about this candidate's ability to physically perform required duties?

_____ No _____ Yes: _____

I have read and fully understand the Medical Screening Guidelines Implementation Manual for the Certification of Firefighters and Rescue Technicians in the State of North Carolina.

Physicians Signature

Date

Name and Address of Physician (Typed)